



ROMANIAN SOCIETY OF
PREVENTIVE MEDICINE

THE INTERNATIONAL CONGRESS OF PREVENTIVE MEDICINE

2ND EDITION
2026



ROMANIAN SOCIETY OF
PREVENTIVE MEDICINE

THE INTERNATIONAL CONGRESS OF PREVENTIVE MEDICINE

2026 2nd edition

*Dear colleagues,
On behalf of the Romanian Society of Preventive Medicine,
we would like to thank you for being here and for joining
the International Congress of Preventive Medicine.*

Conf. Univ. Dr. Roxana Bohiltea
Congress President



ORGANIZATORY COMMITTEE



Roxana Elena Bohiltea
As. Prof. Habil. MD, PhD



Madalina Nicoleta Mitroiu



Cristiana Elena Durdu



Ionita Ducu



Bianca Margareta Salmen



Robert Daniel Ciorta

Global Preventive Medicine: Strategies and Visions

Session Overview

Prevention as a System-Level Discipline

The scientific approach connects population health strategy, implementation science, and clinical pathways —showing how prevention is operationalized through clear governance, quality standards, and measurable outcomes.

Aligning Evidence with Delivery

Demonstrating how evidence (what works) aligns with delivery systems (how it reaches people) to set the tone for prevention as a core pillar of modern health systems.

Key Focus Areas

- Quality standards and governance frameworks
- Implementation science and measurable outcomes
- Clinical pathway integration

Europe's Code Against Cancer

Policy Translation

How robust evidence is distilled into actionable public health guidance and translated into national-level policy and practice.

Standardization & Scalability

What prevention recommendations mean at the national level, how they are implemented, and how quality assurance ensures real impact.

Prevention Impact

Reducing avoidable disease burden through organized prevention programs with measurable quality indicators and systematic governance.

13:30 – 18:50

Cancer Prevention and Early Diagnosis

Multidisciplinary Approach

Clinically grounded sessions covering risk reduction, screening design and performance, diagnostic timing, and program quality management.

From Screening to Results

Moving from 'screening exists' to 'screening works'—evidence-based measures that clinicians can apply and institutions can scale.

Reduction of Late-Stage Presentation

Organized early detection systems with integrated referral pathways designed to reduce late-stage cancer diagnosis.

Program Quality Management

Systems to monitor and improve screening program effectiveness at the population level.

Late Afternoon

Pediatric Clinical Nutrition: From Prevention to Recovery

Prevention & Therapeutic Component

Nutrition as both preventive intervention and therapeutic element of pediatric care, from malnutrition screening through metabolic management.

Growth & Development

Linking nutrition to growth trajectories and developmental outcomes, especially in children with chronic illness.

Multidisciplinary Integration

Family-adapted implementation through coordinated care plans spanning nutrition, pediatrics, and chronic disease management.

Early Risk Identification

Preventing complications by identifying nutritional risk before clinical deterioration occurs.

Lifestyle Medicine and Longevity: Transforming Health for the Future | Evening 18:30 – 20:30

Structured Lifestyle Models

Evidence-based frameworks compatible with everyday clinical practice, including self-care protocols and physical activity prescriptions.

Chronic Disease Risk Modification

Connecting lifestyle interventions with long-term outcome thinking including longevity science and individualized risk stratification.

Translating Evidence to Practice

Moving beyond advice to implementable pathways that improve metabolic health, functional capacity, and quality of life.

Day 2 Mid-Morning

From Fertility Preservation to Reproductive Prevention

Predictive Assessment & Risk Stratification

Integrating predictive tools with prevention measures to reduce maternal–fetal complications across the reproductive continuum.

Reproductive Continuum

Covering preconception risk, pregnancy monitoring, long-term maternal health, and complex pregnancy management.

Coordinated Care Pathways

Standardized pathways across obstetrics, fertility medicine, oncology, and cardiometabolic risk management for best outcomes.

Day 2 Midday

Integrated Approaches to Drug Prevention, Addiction & Mental Health

Prevention-to-Recovery Model

Connecting early identification, clinical intervention, and community/school-based prevention strategies in one coordinated framework.

Multidisciplinary Design

Bringing together psychiatry, psychotherapy, education systems, and program-level prevention frameworks.

Reducing Progression to Severe Disorders

Strengthening coordinated referral pathways and continuity of care to prevent escalation from vulnerability to severe conditions.

Day 2 Afternoon | 14:00 – 15:00

Neonatal Screening: Shaping Relevant Strategies

Time-critical early detection enabling pre-symptomatic identification that can change lifelong outcomes for treatable conditions.

Strategy, scaling, quality and system design — transitioning pilots into national programs.

Technology including AI to strengthen accuracy, and registries to support follow-up and coordination.

One of the highest-yield interventions in preventive medicine when linked to rapid diagnostic and treatment pathways.

Day 2 Late Afternoon | 15:30 – 17:15

Genetics in Preventive Medicine: Oncogenetics

Genomics as a prevention tool connecting predictive testing, familial risk assessment, and tumor genomics.

Clinical utility focus: who to test, how to interpret, how to translate risk into surveillance and prophylaxis decisions.

Earlier identification of high-risk individuals and families through precise, risk-stratified pathways.

Improved allocation of screening intensity based on measurable genomic risk.

Day 2 Closing | 19:00 – 19:50

Promoting Vaccination: Public Health & Communication Policies

System delivery lens: service design, safety monitoring, and program structure for robust vaccination governance.

Communication science: translating evidence into messages that support informed, accurate vaccine uptake.

Improving access, consistency, and trust in vaccination programs.

Combining clinical governance with effective health communication for practitioners.

Day 3 Afternoon | 13:15 – 14:00

Workshop: Prevention Through Nutrition – Personalized Psycho-Nutritional Interventions

Integrating metabolic biology, inflammation, endocrinology, and behavior change into a clinically actionable prevention framework.

Modern obesity management including endocrine mechanisms and incretin pathways (GLP-1 therapies).

Psycho-nutritional models that improve adherence to nutrition-based interventions.

Durable risk reduction through individualized, implementable interventions guided as a clinical process.



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SCIENTIFIC COMMITTEE



Eugenia Roza
Prof Ass. MD, PhD



Dr. Eliza Cinteza
Professor, MD, PhD



Dr. Iulia Tincu
Pediatric Gastroenterology



Dr. Luminita Cima
Pediatric Endocrinology



Radu-Valeriu Toma
As. Prof. MD, PhD. Oncology



Oana Cristina Voinea
Prof. As. MD, PhD
Pathology and Cardiology



Elena Tãmbrea
MD, Nutrition



Oana Iaru
Pediatric Oncology



Alina Tãnsache
Diet Nutrition



Victoria Olteanu
President Association
"From Care For Children"



Austen El-Osta
MD, PhD



Florin Ioan Balanica
MD, Psycho-Nutrition and
Eating Behavior



Roxana Elena Bohiltea
As. Prof. Habil. MD, PhD



Raluca Teleanu
Prof. MD, PhD
Pediatric Neurology



Maria Puiu
Prof. MD, PhD Medical Genetics



Catana Andreea
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Alexandra Cristina Neagu
ENT Audiology



Vlad Dima
Lecturer, MD, PhD Neonatology



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Amalia Arhire
MD, PhD Diabetes, Nutrition
and Metabolic Diseases



Andreea Damian
Communication Scientist, PhD,
Researcher



Liana Barnos
MD, PhD, General Medicine,
Integrative Medicine



Ela Bănică
MD, Preventive or Natural Pediatric
Orthodontics and Myofunctional Therapy



Adela Iancu
Professor, MD, PhD Primary Care
and Occupational Medicine



Dr. Cătălina Constantin
Psychology, Psychotherapy



Aura Stănculescu
Professor Director



Alina Popp Stănescu
As. Prof. MD, PhD
Pediatric Gastroenterology



Vlad Budu
Associate Professor, MD, PhD, ENT Endoscopy
and Oncology Rhinology



Enver Roshi
Professor MD, MPH, PhD
Lecturer



Onofriescu Mircea
Professor Emeritus, MD, PhD
Obstetrics and Gynecology



Dorina Codreanu
MD, PhD
Obstetrics and Gynecology, Infertility and
Assisted Human Reproduction Techniques



Florian Alexandru Nicula
MD, PhD



Ruxandra Ulmeanu
Professor, MD, PhD Pneumology



Adrian Gabriel Marinescu
Manager, National Institute for Infectious
Diseases "Prof. Dr. Matei Balș"



Izabela Petre
Associate Professor, MD, PhD
Obstetrics and Gynecology.



Costin Berceanu
Professor, MD, PhD
Obstetrics and Gynecology



Paula Perlea
Professor, MD



Dr. Carmen Truțescu
Pediatric Psychiatry



Cristian Gheorghe
Professor, MD, PhD,
Gastroenterology



Codruț Sarafoleanu
Professor MD, PhD
Otorhinolaryngology



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SCIENTIFIC COMMITTEE



Diana Stănculeanu
Psychotherapist Mental Health



Dr. Eugen Hriscu
Psychologist, Psihotherapist



Stefanescu Andreea Cristina
MD Anesthesiology and
Intensive Care



Robert Ciortan,
MD, PhD



Oana Voicu
Professor of Medical
Communication



Alexandra Marin
MD, PhD Family Medicine



Maggie Cruickshank
Professor cervical cancer



George Sorin Tipică
Professor, MD, PhD Dermatology



Florin Dumitru Mihălțan
Professor, MD, PhD, FCCP
Pneumology



Florian Alexandru Obretin
MD Longevity



Dragos Cătălin Danescu
MD Family Medicine



Carmen Truțescu
MD, PhD Child and Adolescent
Psychiatry, Addiction Medicine



Cătălina Constantin
MD, PhD Psychology,
Psychotherapy



Alexandru Mihai Ștefănescu
MD, PhD General Medicine



Cristian Surcel
Associate Professor, MD, PhD
Urology



Nicolae Bacalbașa
As. Prof. Habil MD, PhD



Ioannis Arkadianos
MD Obesity, Nutrition and
Nutrigenomics



Anca Mihaela Hancu
Secretary General on the Board of th
European Lifestyle Medicine



Ariana Patac
MD Sports Medicine



Ligia Rusu
Professor, MD, PhD
Sports Medicine



Monica Stoian
MD, PhD Genetics

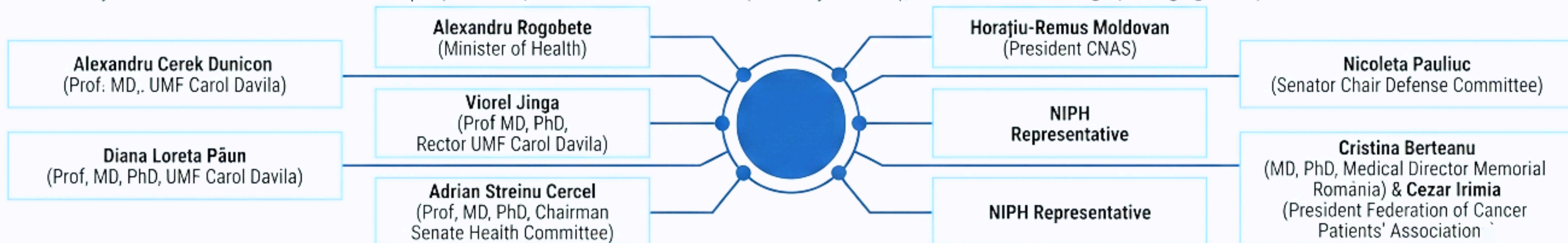
Day 1 | Thursday, March 19, 2026 | FACE Convention Center

Global Preventive Medicine: Strategies and Visions

08:20	Ioana Pop (WHO România)	
08:30	WHO's message on vaccination and preventive medicine	Silvia Gatscher, MD, Health Operations Manager - WHO Country Office in Romania
08:50	Europe's Code Against Cancer – 5th Revision IARC/WHO' Project - General Presentation	David Ritchie, Project Officer, Environment and Lifestyle Epidemiology IARC/WHO
09:10	ECAC 5 Recommendations for policymakers	Florian Alexandru Nicula, MD, PhD, IARC Ambassador to Romania, member of ECAC 5 Scientific Council, Manager ONCOPROTECT/JUSTMED
09:30	Prevention of Cervical Cancer: A Colposcopist's Perspective from the UK	Maggie Cruickshank, Professor, MD, PhD, President-elect EFC, Co-chair IFCPC, Director of R&D NHS Grampian
09:50	The Evolution of Self-Care: Re-Engineering Health Systems for the 21st Century	Austen El-Osta, MD, PhD, Director SCARU Imperial College London, Primary Care Research Manager, General Manager Imperial College Healthcare NHS Trust, Visiting Senior Lecturer King's College London
10:10	ESGO perspectives in the field of prevention	Claudia Marchetti, Assoc. Prof, MD, PhD, ESGO Prevention Committee, Medical Director Gynecologic Oncology Fondazione Policlinico Universitario Agostino Gemelli IRCCS
10:30	Use of HPV vaccine after diagnosis of gynecologic cancers	Nicolo Bizzarri, Assoc. Prof, MD, PhD, ESGO Prevention Committee
10:50	One region, one goal - Accelerating HPV-related cancer elimination in Southeast Europe	Juliana de Sá, Policy Officer European Cancer Organisation
11:10	Overview of Public Health Issues in Albania	Enver Roshi, Prof, MD, MPH, PhD, Head of Unit of Monitoring & Evaluations of Chronic Diseases, Medical University of Tiranë
11:30	Control and Prevention of Non-communicable Diseases in Albania	Genc Burazeri, Prof, MD, PhD, Medical University of Tiranë, Visiting lecturer Maastricht University
11:50	Coffee Break	

Roundtable - Strategies for Implementing the National Screening Plan – a 2026 Update (12:05 - 13:00)

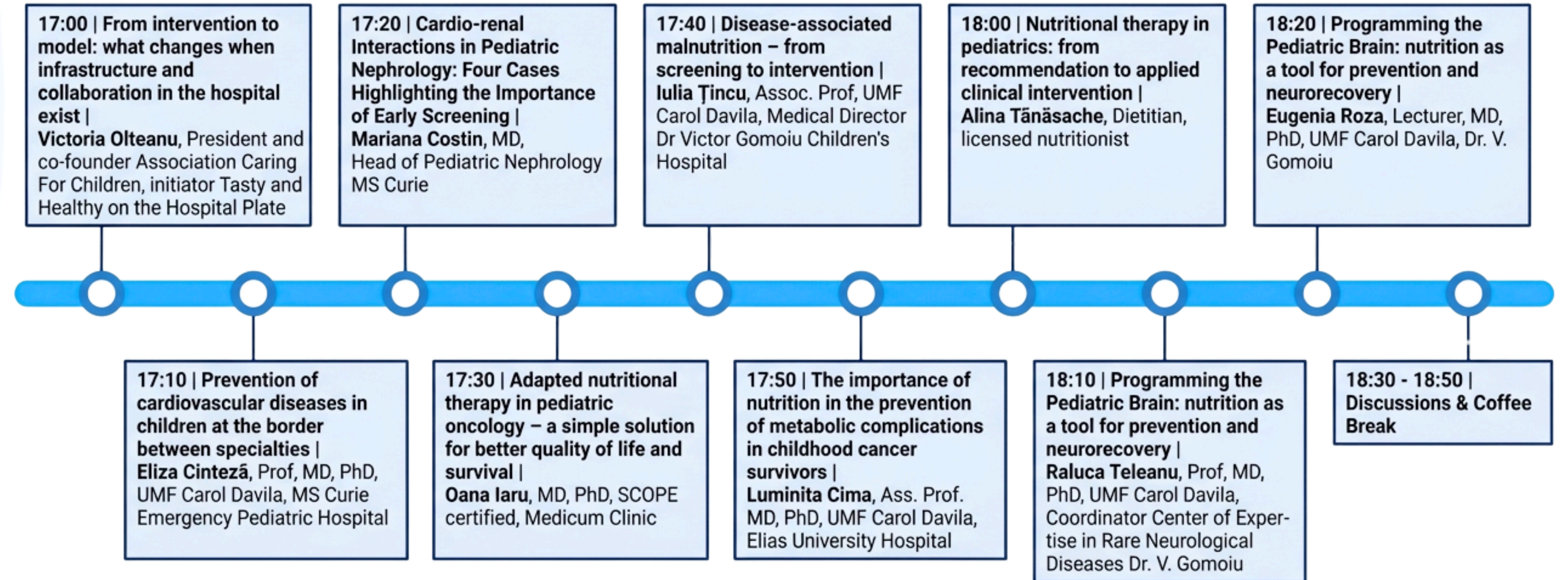
Preceded by 12:00 Welcome: Roxana Elena Bohilțea (President), Dimitrie Pelinescu Onciu (Honorary Member), Patricia Nicoleta Vaniga (Managing Editor)



Day 1 Afternoon | 13:30 – 16:50 | Cancer Prevention and Early Diagnosis

Time	Topic	Speaker
Roboto Mono	Inter Bold	Roboto Light
13:30	Capacity and experience of NW Region Screening QA/QC Management Unit	Florian Alexandru Nicula , MD, PhD, IARC Ambassador, Manager ONCOPROTECT/JUSTMED
13:50	Early Lung Cancer Diagnosis: bridging knowledge and practice	Ruxandra Ulmeanu , Prof, MD, PhD, Director Postgraduate Training School Romanian Society of Pneumology, Head of Integrated Pneumology and Bronchoscopy Center Nord Pipera Hospital
14:10	Implementable measures to prevent skin cancer	George Sorin Tiplică , Prof, MD, PhD, UMF Carol Davila, Founding member ARDV
14:30	Taxation and the tobacco industry	Florin Dumitru Mihălțan , Prof, MD, PhD, FCCP, UMF Carol Davila, Marius Nasta Institute, President Romanian Society of Pneumology
14:50	Colorectal cancer screening in Romania (ROCCAS): expansion to national program	Cristian Gheorghe , Prof, MD, PhD, Head Dept. Gastroenterology Fundeni Clinical Institute, ROCCAS Coordinator, UMF Carol Davila
15:10	Oropharyngeal cancer: myths and realities	Codruț Sarafoleanu , Prof MD, PhD, UMF Carol Davila, Founding member Romanian Rhinology Society
15:30	Optimizing screening strategies for prostate cancer prevention-update 2026	Cristian Surcel, Assoc. Prof, MD, PhD, UMF Carol Davila
15:50	Is there a place for screening for ovarian cancer?	Nicolae Bacalbașa, Assoc. Prof Habil MD, PhD, UMF Carol Davila, Vice-president SRMP
16:10	HPV in Romania: From Infection to Squamous Cell Carcinoma and Pelvic Exenteration	Robert Ciortan, MD, PhD student UMF Carol Davila
16:30	Cost-effectiveness in cervical cancer screening and treatment in the western part of the country	Izabela Petre, Assoc. Prof, MD, PhD, UMF Victor Babeș Timișoara
16:50	State of the Art: Whole Body Health (WBH) - Oral health is an integral part of overall health	Paula Perlea, Prof, MD, PhD Ruprecht Karl University, UMF Carol Davila, President Romanian Medical Association, Founder UNAS, President elect EPC 501

Day 1 Late Afternoon | 17:00 - 18:40 | Pediatric Clinical Nutrition: From Prevention to Recovery



Day 1 Evening | 18:50 - 20:30 | Lifestyle Medicine and Longevity: Transforming Health for the Future



18:50

Lifestyle Medicine in Romania, update in nutrition 2026

Anca Mihaela Hancu, MD, PhD, Secretary General European Lifestyle Medicine Organization, President Medical Association for Prevention through Healthy Lifestyles



19:05

Lifestyle Medicine: A New Medical Field and Its Importance to Health

Ioannis Arkadianos, MD, SCOPE certified WOF, President and co-founder ELMO



19:20

Healthspan Over Lifespan: Redesigning Ageing Through Self-Care, Biohacking & Prevention

Austen El-Osta, MD, PhD, Director SCARU Imperial College London



19:30

Sports medicine between past, present and future. Introspection and European directions

Ariana Patac, MD, President Sports Medicine Commission of the Ministry of Health



20:00

The role of physical exercise in the prevention and management of chronic diseases

Ligia Rusu, Prof, MD, PhD, University of Craiova, Sports Medicine Commission



20:15

Lifestyle Change for a Healthier Society-Implementing Lifestyle Optimization in Patients with Type 2 Diabetes Mellitus

Alexandru-Mihai Ștefănescu, Prof Assistant, MD, PhD student, UMF Carol Davila, Manager Nicolae Malaxa Clinical Hospital



20:30

From Genetic Susceptibility to Clinical Prevention: Real-World Implementation of Polygenic Risk Scores

Monica Stoian, MD, PhD, Medlife

Day 2 Morning | Friday, March 20, 2026 | FACE Convention Center

Segment A: State of the Art in Integrative Medicine (08:00 - 09:50)

- 08:00 | Cancer Prevention** | Enver Roshi, Prof MD, MPH, PhD, Medical University of Tiranë
- 08:20 | Reorienting Care Around Behavioural Determinants: The Strategic Case for Self-Care** | Austen El-Osta, MD, PhD, Imperial College London
- 08:30 | Integrating Functional and Regenerative Medicine into Global Health Strategies** | Liana Barnos, MD, PhD, Founder Longevia Clinic
- 08:50 | When we understand the critical window of craniofacial growth, we understand prevention** | Ela Bănică, MD, Founder Ortho Institute
- 09:10 | Personalized Prevention in Primary Care: A Patient-Centered Model** | Adela Iancu, Prof, MD, PhD, UMF Carol Davila, Past President Academic Society of Family Medicine
- 09:30 | Headache Disorders: Neurologic or Rhinologic Issue?** | Vlad Budu, Assoc. Prof, MD, PhD, UMF Carol Davila, Prof.Dr.D.Hociota IFACF

Segment B: The Ascent of Romanian Society of Preventive Medicine

- 09:50 | Activity Report, Future Perspectives & RJPM Journal**
Roxana Elena Bohîlțea (Founder/President SRMP) & Patricia Nicoleta Vaniga (Managing Editor RJPM)

Segment C: Industry Symposia

- 10:00 | Sanofi Symposium: Prevention of respiratory syncytial virus (RSV) infection**
Roxana Elena Bohîlțea, Assoc. Prof, Habil. MD, PhD
- 10:30 | Cytogenomic Symposium: Expanded carrier screening according to ESHRE recommendations**
Maria Stratan, MD, CytoGenomic Medical Laboratory

Day 2 Mid-Morning | 10:40 – 11:55 | From Fertility Preservation to Reproductive Prevention

10:40

Prevention of maternal-fetal complications in case of polycystic ovary syndrome

Mircea Onofriescu, Prof emeritus, MD, PhD, UMF Grigore T. Popa Iași

10:55

Infertility of the modern couple: prevention, education and early intervention

Dorina Codreanu, MD, PhD, Co-founder SRFRA, active member ESHRE

11:10

Fertility preservation in oncology patients

Mircea Onofriescu, Prof emeritus, MD, PhD, UMF Grigore T. Popa Iași

11:20

The usefulness of assessing arterial function in pregnant women at preventable cardiovascular risk

Izabela Petre, Assoc. Prof, MD, PhD, UMF Victor Babeș Timișoara

11:35

Advancing care in multiple pregnancy - prevention, prediction, and future directions

Costin Berceanu, Prof, MD, PhD, University of Medicine and Pharmacy Craiova

11:45

The therapeutic potential and clinical perspectives of the use of mesenchymal stem cells

Roxana Elena Bohilțea, Assoc. Prof, Habil. MD, PhD, President SRMP, UMF Carol Davila

11:55 | Discussion Panel

Day 2 Midday | 12:00 - 13:00 | Integrated Approaches to Drug Prevention, Addiction Management and Mental Health

12:00 | Eating behavior – a need or a relationship?

Carmen Truțescu, MD, PhD, Senior Child and Adolescent Psychiatrist, INSMC Bucharest

12:10 | Mental health prevention – public policy aspects

Dr. Cătălina Constantin, MD, PhD, Psychologist, Director National Center for Mental Health and Drug Control, Ministry of Health

12:50 | From intervention to model: what changes when there is infrastructure and collaboration

Victoria Olteanu, President Association Caring For Children

12:20 | Keep in Touch - a peer-to-peer drug prevention and mental wellbeing program for high schoolers

Eugen Hriscu, MD, PhD, Senior psychiatrist, addiction specialist

12:40 | Early identification and management of anxiety in children

Diana Stănculeanu, Psychotherapist, Consultant National Center for Mental Health and Drug Control

12:30 | Mental Health of Students in the School Ecosystem. Invisible Epidemics

Aura Stănculescu, Prof, Director CMBRAE

13:00 | Discussion Panel

Followed by Lunch Break (13:30 - 14:00)



Day 2 Afternoon | 14:00 - 15:00 | Neonatal Screening: Shaping Relevant Strategies

14:00	CNBR – driving force behind the development and expansion of neonatal screening at the national level	Maria Puiu, Prof, MD, PhD, Deputy general director ICDG, Founder National Alliance for Rare Diseases
14:10	The Neuropediatric Window of Opportunity: Neonatal Screening as a Gateway to Treatable Rare Neurological Diseases	Raluca Teleanu, Prof, MD, PhD, UMF Carol Davila, Coordinator Center of Expertise in Rare Neurological Diseases Dr. V. Gomoiu
14:20	Neonatal Screening in Romania. Past, present, future	Alina Popp Stănescu, Assoc. Prof MD, PhD, UMF Carol Davila, INSMC
14:30	SMA newborn screening pilot project - handover to the national screening program	Elena Neagu, MD, PhD, Technical coordinator SMA pilot project, National Clinical Center Robanescu-Padure
14:40	Hearing Screening - from Implementation to the Need for a National Registry	Alexandra Cristina Neagu, ENT senior specialist, Coordinator Dept Audiology & Cochlear Implant MS Curie
14:50	Using artificial intelligence in neonatal screening	Vlad Dima, Lecturer, MD, PhD, UMF Carol Davila, Filantropia Clinical Hospital, President SAUC, Vice President SRMP
15:00	Discussion Panel	

**Day 2 Late Afternoon | 15:30 - 17:15 | Genetics
in Preventive Medicine: The Future of
Prediction and Prevention. Oncogenetics**

Risk & Policy

**15:30 Polygenic Risk Meets Personalised Prevention:
Promise, Limits & Policy**

Austen El-Osta, MD, PhD, Director SCARU
Imperial College London

**15:45 ERN and oncogenetics: integrating European
expertise in rare cancers**

Maria Puiu, Prof, MD, PhD,
Deputy general director ICDG

Clinical Prevention & Prophylaxis

**16:00 Modern screening and personalized prophylaxis:
conservative vs. surgical in BRCA and non-BRCA
carriers**

Andreea Catana, Assoc. Prof MD, PhD, I. Chiricuta
Oncology Institute Cluj-Napoca

**16:15 Turning hereditary cancer risk into preventive
strategies**

Silvia Rădulescu, MD, Institute of Oncology
Prof. Dr. Alexandru Trestioreanu

16:30 Predictive genetic testing in hereditary cancers

Florina Nedelea, MD, PhD, Filantropia Clinical Hospital

**16:45 Oncogenetics and Cancer Prevention: From Tumor
Genomics to Population Screening**

Radu-Valeriu Toma, Asst. Prof, MD, PhD, UMF Carol Davila,
Radiation Oncologist
Prof. Dr. Alexandru Trestioreanu

**17:00 Genetic guidance of Lynch syndrome-specific
prevention measures**

Oana Cristina Voinea, Prof Asst, MD, PhD,
President/Founder Romanian Lynch Syndrome Society
(SRSL)

Day 2 Evening | 17:40 - 18:30 | Health education and prevention in schools – foundations of a healthy society

17:50 | CREDU – the Center for Research, Education and Communication in Public Health. Study Implementation

Oana Voicu, Prof of medical communication
University of Bucharest, President CREDU
Association

18:00 | School Medicine at the Boundary of Clinical Practice and Public Health: Emerging Challenges in Bucharest

Alexandra Marin, MD, PhD, Consultant
physician WHO

17:40 | The Project: Health in Motion – Educational project carried out in primary and middle school

Andreea Cristina Stefanescu, MD, Specialist
in ATI/ICU, Healthy Lifestyle Trainer

18:10 | Healthy Nutrition Education in School Settings: A Preventive Approach

Dragos Cătălin Danescu, MD, Senior
consultant physician – Bucharest
Administration of Hospitals and Medical
Services

18:20 | Why Is Water So Important for Our Body

Florian Alexandru Obretin, MD, Former
consultant WHO Office on Quality of Care
and Patient Safety

Day 2 Closing | 19:00 - 19:50 | Promoting Vaccination: Updating Public Health and Communication Policies

Session 19:00

Prototype of the complex vaccination center of the infectious diseases hospital

Adrian Gabriel Marinescu, Manager, National Institute for Infectious Diseases Prof. Dr. Matei Balș, Chair Ministry of Health Committee on Post-Vaccination Adverse Reactions

Session 19:25

Messages that matter-Using GenAI for empathetic and tailored vaccine communication

Andreea Damian, Communication scientist, PhD, senior researcher SmartClover, Authority for the Digitalization of Romania

19:50

Discussion Panel

Session 19:10

Vaccination as a communication challenge

Sandu Cristian Cuturela, University Lecturer, PhD, Faculty of Communication Science, Ecological University of Bucharest

Session 19:40

The Even Faster program and screening and vaccination centers could be the solution?

Roxana Elena Bohilțea, Assoc. Prof, Habil. MD, PhD, President SRMP, UMF Carol Davila

Day 3 Morning | Saturday, March 21, 2026 | CITY GATE MEMORIAL CLINIC

Workshop Panel: Prevention Through Nutrition Scientific Foundations

09:00 | Aging as a modifiable biological process. The contribution of nutrition in the prevention of metabolic decline | Elena Țambrea, MD, Medical Manager Kilostop Medical Clinic

10:30 | Obesity beyond calories. Modern approach to obesity: nutrition, endocrinology and incretin therapies (GLP1) | Amalia Arhire, MD, PhD, senior endocrinologist SCOPE certified, Kilostop Medical Clinic

11:30 | #DrBalanica Method: Integrative Bio-Psycho-Nutritional Model of Eating Behavioral Reeducation | Florin Ioan Balanica, MD, Coordinator Integrated Center for Management and Therapy of Obesity Medicover

13:00 | Stratpharma Symposium

A novel product for women's well-being

Roxana Elena Bohilțea, Assoc. Prof, Habil. MD, PhD,
President SRMP

13:10 | Zentiva Symposium

Tehnologia sucrosomiala – Sideral Zentiva

Roxana Elena Bohilțea, Assoc. Prof, Habil. MD, PhD,
President SRMP

Day 3 Afternoon | 13:15 - 14:00 | Workshop: Addiction prevention

The Clinical Mechanism

13:15

Neuropharmacological mechanisms involved in the development of addictions

Radu Tincu, Professor, MD, PhD, Senior Specialist Physician in Anesthesiology and Intensive Care, Head of Clinical Toxicology, Bucharest Emergency Clinical Hospital, UMF Carol Davila, National Expert for Risk Assessment of New Psychoactive Substances, European Union Drugs Agency

The Social Mechanism

13:35

The role of media in the development of addictions

Cristian Petru, University Lecturer, Journalist, Faculty of Journalism and Communication Sciences, University of Bucharest



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